### Requirements and Fees

This course is designed as a residential program to support individuals and teams, and their local partners, to build their knowledge about the design and implementation of integrated care programs to support specific project developments in their own context.

Individuals: AUD \$899 per delegate Groups of 5 or more: AUD \$849 per delegate

The course fee includes all teaching materials, refreshments and lunches. For those arriving on Thursday, a pre-course orientation and dinner (at own cost) will be held. Dinner on the Friday evening will be at delegate's leisure and own cost, though recommendations will be provided. In addition, the course fees include all travel and catering costs related to the study and cultural site visits.

The course fees do not include delegate accommodation, travel to/from the venue, and breakfast and dinners, unless otherwise indicated in the course program.

Places on the course are available by direct application. For further information on the programme and upcoming course dates contact **Miriam Galvin** at **miriamgalvin@integratedcarefoundation.org** 

I attended the IFIC Summer school in Orange, NSW. I have to say I thoroughly enjoyed myself and learnt so much. The program was excellent, packed full of some really useful and effective frameworks and tools for working within the integrated care space. Each Presenter was warm, exceptionally knowledgeable and very generous with their time. The program's collegial atmosphere was also very conducive to learning and putting into practice newfound skills and knowledge. I really couldn't recommend the course enough to those working to better integrate care services and systems.

PHN participant, Accelerated Learning Course, October 2018





# IFIC Australia Integrated Care School

A two day immersive learning experience for individuals and teams at the Central Coast Research Institute

10-11 November 2023

In association with:



















# **Acknowledgement of Country**

The Central Coast Research Institute acknowledges the traditional custodians of the land, the Darkinjung people, on whose land the Institute is situated and we welcome all who visit this place. We acknowledge the traditional custodians of lands on which we meet and conduct our research, and we pay our respects to their Elders past, present and emerging and to their culture, heritage and spirituality

### **Course Description**

This immersive learning experience responds to demand from the health and aged care sectors in Australia and the Asia Pacific to help build knowledge, capacity and skills to support the effective design and adoption of integrated care in practice. The two-day course is designed as a short, intensive, residential program for individuals, teams and local partners to support the advancement of their integrated care projects and plans in their own context.

The course is organised in advance of the 3rd Asia Pacific Conference on Integrated Care (APIC3). This course has been developed for those involved in the design, implementation, management and evaluation of integrated care approaches and whom want to learn more about leading initiatives, new models of care and evidence-based practice. Specifically it provides a unique opportunity for networking and discussing real-world problems and share learning with other participants and IFIC's expert faculty.

The course will be taught by leading academics, policy makers and practitioners including IFIC's international team of experts. It will have a combination of lectures, facilitated discussions, a site visit to ATUNE Health Centre in Cardiff, and some practical exercises.

You will be immersed in the expertise of the Foundation, the CCRI and its partners, the school will be a space for you to share your experiences, concerns, and learning with the rest of the participants in a collaborative learning environment.

There will also be a visit to an Aboriginal Cultural Site, an opportunity to learn from First Nation experience, a core theme of APIC3.

#### **ATUNE Health Centre Site Visit**

ATUNE provide a premier integrated health service for clients throughout Newcastle, Lake Macquarie and the Hunter Region.

As the leading integrated healthcare centre in Newcastle and Lake Macquarie, ATUNE's highly qualified professionals provide expert care in general practice, physiotherapy, osteopathy, psychology, podiatry, naturopathy, dietetics, breathing therapy, exercise physiology, massage, hydrotherapy and speech pathology.

In 2021 ATUNE won the Primary Care Leader Award in the Primary Care Quality and Innovation Awards hosted by phn Hunter New England and the Central Coast.

Overall an excellent experience that I am grateful to have been a part of. Thank you to everyone involved for your generosity in the time and wisdom shared with us.

PHN participant, International Summer School on Integrated Care, March 2018

What a great week we had. I keep having texts sent by staff saying how much they have learned.

LHD participant, IFIC Australia Autumn School, March 2021

# **Syllabus**

The course will include presentations, cases and discussions on the following topics:

- The 9 Pillars of Integrated Care
- An implementation model for integrated care
- Involving patients, caregivers and communities
- Collaborating across professional and sectoral boundaries
- Educating and training a competent workforce
- Governance and policy design to support whole system transformation

- Learning from First Nations
- Financing integrated care and creating incentives
- Evaluating and assessing integrated care
- Leading and managing change: designing integrated care solutions and implementing change
- Half-day study visit to ATUNE Health Centers to examine how integrated care has been pioneered in Newcastle and Lake Macquarie

# Faculty

The faculty consists of national and international experts who provide first hand insights into their respective fields, basing their presentations on scientific and professional experiences.

- Professor Nick Goodwin, Director, Central Coast Research Institute (CCRI) and IFIC Australia
- Dr Niamh Lennox-Chhugani, Chief Executive, International Foundation for Integrated Care (IFIC)
- Professor Áine Carroll, Chair, International Foundation for Integrated Care (IFIC), Co-Director, IFIC Ireland and Professor of Healthcare Integration and Improvement at University College Dublin.
- Dr Viktoria Stein, Co-Editor-in-Chief, International Journal of Integrated Care (IJIC), Senior Associate, International Foundation for Integrated Care (IFIC) and Assistant Professor, Leiden University Medical Centre.

- Fiona Lyne, Director of Communications and Head of Partnerships, International Foundation for Integrated Care (IFIC) and Co-Director, IFIC Ireland
- Professor Rhonda Wilson, Professor, School of Nursing and Midwifery, University of Newcastle
- Dr Zoi Triandafilidis, Research Project
  Manager, Central Coast Research Institute

Guest speakers will be invited to join the faculty to support the delivery of the syllabus.

I recently attended the Accelerated Learning Program in Orange and what a fantastic opportunity it was! The content was in-depth and took my understanding of IC to another level. It was wonderful to meet the leaders in this field, bringing research to clinical practice and service design. I was able to refine my project plan and was left with some clear goals to work on. The opportunity to network with other teams from around the state was an enjoyable bonus. I would highly recommend this intensive week of learning.

NSW LHD participant, Accelerated Learning Course, October 2018